DECEMBER 2023 Breakfast/LUNCH MENU HS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All meals are served with 1% white and skim chocolate milk					1 Muffin, Yogurt, Fruit Juice Hot Ham and cheese, pota- toes, fruit and veg. choices, dessert	
	4 Pancakes, Applesauce, Links Fruit Juice Pepperoni pizza, chips, veggie Fruit,	5 Cereal, Fruit Bar, Fruit Juice Popcorn chick- en mashed, gravy, , Fruit, veggie	6 Breakfast Pizza, Yogurt, Fruit, Fruit Juice Hot dog/ bun/ veg., WG snack, , Fruit,	7 WG Donut, String Cheese, Fruit, Fruit Juice BBQ on a Bun, Potato Chip, Corn, Fruit	8 Waffle Sticks, syrup, , Fruit Juice Chicken sand./ bun, fries Veggies, Fruit, Dessert	
	11 Sausage, Egg & Cheese Sandwich, Fruit Pizza, WG Snack, Veggies, Fruit	12 Cereal, Fruit, Fruit Juice Sals. steak, , Mash Potato's, veg., Fruit, sand.	13 Cin Rolls, String Cheese, Fruit, Juice Hamburger, Chips, Baked Beans, Fruit	14 Fr. Tst Sticks Fruit, Fruit Juice Italian pasta, WG Breadsticks, Veggies, Fruit	15 Muffin, Yogurt, Fruit , Juice Uncrustables, String Cheese, Veggies, Fruit	
	18 Pancakes, Sausage, Applesauce, Corndogs , Chips, Baked Beans, Fruit	19 cereal, Juice , Fruit, milk Holiday ham, au gratin pot., corn, roll/ butter dessert	20 pop tart, yogurt, juice milk Mozz. Sticks, marinara, wedges, vege- table, fruit	21 french- toast, fruit, juice, milk Grilled chicken bacon ranch, potato, veg., fruit, dessert	22 cereal. Fruit, juice ,milk Sausage pizza, chips, fruit, veggie, des- sert,	
	25 MERRY CHRISTMAS NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	This institution is an equal op- portunity pro- vider